



LIFESAVING (Patrols)

What Patrol am I on and what are my Patrol dates.

- Patrol Team are listed on the website
<http://www.warriewoodslsc.com.au/patrol-teams/>
Patrol Dates by team are also listed on the website under the Calendar section
<http://www.warriewoodslsc.com.au/club-calendar/>

Will we need to wear masks on patrols?

- Yes. The current health advice is that masks need to be worn at all times unless exercising, which means wearing a mask whilst on patrols. The only exemption to this ruling will be whilst you are in the water performing a rescue whilst swimming or on either a board or the IRB.

Who is allowed to patrol?

- Good news is the limit of 6 patrol members has been removed so we can have a full Patrol Team to keep the Beach Safe. The health advice from SLSNSW and the NSW Government is that only those over the age of 16yrs can patrol.

How will patrols work?

- Your Patrol Captain will manage patrol teams/subsets. They will advise who has been rostered on for each week. Please do not come to patrol unless your Patrol Captain has advised you.

When will patrolling numbers change?

- We are hoping to increase the number of members on each patrol as the season gets busier. As the health advice from the NSW Government changes, we will increase our patrol sizes. As soon as we get more information, we will pass this on.

Do I need to be COVID tested before patrol?

- Currently, there is no need to be COVID swabbed before coming to patrol. However, if you are concerned before or after being at a patrol, you can get tested at the testing clinics.
- Please do not come to patrol if you are symptomatic. Please inform your Patrol Captain if you cannot attend, ensure you get tested and isolate until you receive a negative result.

Do members have to patrol?

- Members do not have to patrol if they are uncomfortable being in the patrol setting

Do all awards need to be covered whilst on patrol?

- Yes. We still need to cover our awards, including ARTC, IRBD and IRBC. This will play a big part in Patrol Captains managing who is on and when.



Do I have to be fully vaccinated to come to patrol?

- Currently no. SLSNSW and Warriewood SLSC are both strongly encouraging that you take the opportunity to get vaccinated to protect yourself and your family. You will be coming into contact with members of the public who are potentially not vaccinated, and we don't want you to become sick and then pass this onto your family

How do we give first aid or resuscitation with current restrictions?

- We have reverted to our previous guidelines of encouraging patients with minor firstaid injuries to self-treat. However, we can assist major first aid incidents but only with appropriate PPE, including masks, goggles, and gloves.
- With the current health advice, we are performing compression-only CPR in the case of a cardiac arrest. Please ensure you are still wearing appropriate PPE.
- Patient treatment guidelines during Covid have been uploaded onto the Warriewood Website <http://www.warriewoodslsc.com.au/patrol-information-patrol-packs/>

Process for collecting COVID-19 numbers on patrol? Will it be the same as last year over the radio?

- This process is currently under review with Northern Beaches Council. SLSSNB recognized that there was a significant increase in radio traffic and will attempt to find another solution for this problem

What if the public is not following social distancing protocols on the beach?

- As a Patrol, you can make announcements over the loudhailer reminding people to social distance. However, you should not engage the public about the issue. If you have difficulties with social distancing on patrol, please radio Surfcom and advise them and the Duty Officer of the situation. The Duty Officer will then have a protocol to follow.

Do we need to use a QR code on patrols?

- No. The patrol logs will serve as contact tracing whilst on patrols. However, you will need to QR code into the Surf Club each time you enter to use the toilets, first aid room, or kitchen.

Do we need to QR code into the club in an emergency?

- No. We will keep a record of who attends the club in case of an emergency call out. It is also not expected if there is CPR in progress and you need urgent equipment.

If I live in an LGA of concern, can I come to patrol?

- You can only come to patrol if you have proof of at least your first vaccination and a permit to travel letter from Services NSW. These must be provided to the club as well as Police if requested.



Can I patrol if I live in an LGA other than the Northern Beaches?

- Yes, you will need to apply for an exemption letter from SLSNSW (a letter can be found on our website), which can be used for patrols. This exemption letter is for direct travel to and from patrols. You cannot use this exemption letter for recreation.

EDUCATION

Can we train education courses?

- At the moment, SLSNSW and the NSW Government have advised that there is no non-critical training. So at the moment, the only award training that can continue is those needed to ensure the functioning of patrols. We are expecting these restrictions to ease late October / early November

We will however commence the SRC and Long Bronze course as per the scheduled dates. The first couple of sessions may have to be delivered via Zoom. As restrictions ease, we can then complete the courses face to face. There may be a delay in Assessment Dates which may result in Assessment being schedule for January.

Please refer to the Warriewood Website for more information on both courses.

SRC - <http://www.warriewoodslsc.com.au/surf-rescue-certificate/>

Bronze - <http://www.warriewoodslsc.com.au/bronze-medallion/>

Do I have to do my Skills maintenance (proficiencies)?

- Yes, dates for skills maintenance are on the Club Calendar on the website. Proficiencies are required for SRC, Bronze, ARTC and IRB river and Crew. Proficiencies will be performed in Patrol Groups. Dates and times can be found on <http://www.warriewoodslsc.com.au/proficiencies-skills-maintenance-2020/>

I want to upgrade my awards; how do I do this?

- Please email Angela Shanahan (training@warriewoodslsc.com.au) and request which awards you are interested in, and as soon as the club can run courses, we will send out the details.

NIPPERS

Please refer to the Warriewood Website for details on for the Nippers Season <http://www.warriewoodslsc.com.au/club-registrations-2021-22-season/>



SURF SPORTS

Can we start Surf Sports competition?

- No. At the moment, there is no community sport. However, as conditions ease, we hope that this will ease as well.

Can I do board, ski, swim or running training?

- Under the current health restrictions, this can continue in groups of 2. However, after 13th September, restrictions will ease and that 5 fully vaccinated people can exercise together.

Is there a change to competition hours?

- Yes. Active patrolling members will need a minimum of 15 patrols hours, and Active Reserve members will need a minimum of 7hrs. Would you please ensure you sign on with your Patrol Captain.

Can I attend a different patrol to get my hours up?

- At the moment, no. We are restricted to 6 people per patrol as per the current health advice. However, you can email the Patrol Captain before the patrol and ask if they require extra assistance if you need additional hours.

GENERAL

Does Warriewood SLSC have a COVID Safety plan?

- We have updated COVID safety plans for the Club, Lifesaving, Education and Surf Sports are all uploaded onto our website.

How do I get my eligibility letter for my vaccination?

- Head to the SLSC Members Area, and you can download and print your eligibility letter. Then, you need to take this to your vaccination appointment.

How do I apply for an exemption letter?

- Head to the Warriewood SLSC website, and on the home page there is a button labelled SLSNSW Exemption Form. Please be aware this letter can only be used for direct travel to and from patrols. This cannot be used for training or recreation.
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When will the Clubs Gym be open ?

- In accordance with the current NSW Govt plans, Gyms will open back up at the 70% fully vaccinated mark. Patrol members will have to be fully vaccinated to use the Gym in accordance with the health guidelines.