



SURF RESCUE CERTIFICATE

Date: Sunday Mornings during Nippers – starts Oct 14th

Cost : Nipper Member - \$90

Schedule:

Date	Component	Time	Location
Saturday, 13 October 2018	200 m Swim in 5 minutes or under	11am	Narrabeen Pool
Sunday, 14 October 2018	Dry (First Aid, CPR, Radios, Defib, Signals)	9:30am-11:00am	WWSLSC Club
Sunday, 21 October 2018	Wet (Swim, Run, Swim)	9:30am-11:30am	WWSLSC Beach
Sunday, 28 October 2018	Dry (First Aid, CPR, Radios, Defib, Signals)	9:30am-11:00am	WWSLSC Club
Sunday, 4 November 2018	Wet (Swim, Run, Swim)	9:30am-11:30am	WWSLSC Beach
Sunday, 11 November 2018	Dry (First Aid, CPR, Radios, Defib, Signals)	9:30am-11:00am	WWSLSC Club
Sunday, 18 November 2018	Wet (Swim, Run, Swim)	9:30am-11:30am	WWSLSC Beach
Sunday, 25 November 2018	Dry (First Aid, CPR, Radios, Defib, Signals)	9:30am-11:00am	WWSLSC Club
Monday, 26 November 2018	Reserve Dry Training at the Club 7:00-8:30pm	7:00pm-8:30pm	WWSLSC Club
Sunday, 2 December 2018	Wet (Swim, Run, Swim)	9:30am-11:30am	WWSLSC Beach
Monday, 3 December 2018	Reserve Dry Training at the Club 7:00-8:30pm	7:00pm-8:30pm	WWSLSC Club
Sunday, 9 December 2018	Wet (Swim, Run, Swim)	9:30am-11:30am	WWSLSC Beach
Wednesday, 12 December 2018	SRC Dry Assessment	6:00pm	Avalon Beach
Saturday, 15 December 2018	SRC Wet Assessment	9:00am	Avalon Beach

- *Dates maybe subject to change*

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations including Warriewood Patrol. This course is the minimum water safety qualification for Junior Activity supervision.

Candidates must meet ALL of the following conditions:

- be a least 13 years of age on the date of the assessment
- have completed a 200 metre swim in five (5) minutes or less , unaided (goggles/mask permitted), in a swimming pool not less than 25 metres, or over a measured open water course which will be observed prior to the candidate undertaking any water training or assessment activities, evidence of which must be provided to the Assessor on the timed swim form prior to commencement of the assessment for this qualification

Contact: John Duluiu – Chief Training Officer

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