

# Provide Advanced First Aid

## Course Description

The aim of this course is to provide participants with the skills and knowledge to provide an advanced first aid response, including management of the incident and other first aiders until the arrival of medical or other assistance.

## Award

Upon successful completion of this course participants will receive the nationally recognised Statement of Attainment for the following unit of competency:

- HLTAID006 Provide advanced first aid

## Course Content

- The principles of advanced first aid
- Relevant health and safety guidelines
- Basic life support and CPR, including safe manual handling skills
- Basic anatomy and physiology
- Assessment of casualties and development of management plan
- Basic triage for multiple casualties
- First aid procedures for a range of scenarios, including the following:
  - allergic reaction and anaphylaxis
  - wounds and bleeding
  - burns, including thermal, chemical, friction and electrical
  - cardiac conditions, including chest pain
  - choking and airway obstruction
  - diabetes
  - drowning
  - emergency childbirth
  - envenomation
  - hypothermia, hyperthermia, dehydration and heat stroke
  - eye and ear injuries
  - head, neck and spinal injuries
  - needle stick injuries
  - poisoning and toxic substances
  - respiratory distress, including asthma
  - seizures, including epilepsy
  - shock
  - skin injuries
  - sprains, strains, dislocations and fractures
  - stroke
  - substance misuse, including common drugs and alcohol, including illicit drugs



**Surf Life Saving NSW**

PO Box 307 Belrose NSW 2085

Ph: (02) 9471 8000

Fax: (02) 9471 8001

Email: [training@surflifesaving.com.au](mailto:training@surflifesaving.com.au)

Web: [www.surflifesaving.com.au](http://www.surflifesaving.com.au)

## Provide Advanced First Aid

### Entry Requirements

- Participants must be a minimum of 15 years of age on the date of final assessment.
- Participants must hold the following unit of competency:
  - HLTAID003 Provide First Aid or equivalent

### Course Fee

Please contact your **Academy Business Officer on 02 9471 8000** for a quote.

### Course Duration

The duration of the course is 1 day of Practical and Theory based learning plus assessment time.\*

\*Additional training days can be incorporated to include HLTAID003 Provide First Aid (including HLTAID001 Provide CPR) and HLTAID007 Provide Advanced Resuscitation if required.

### Validity

To ensure your first aid skills and knowledge remain current, re-certification must occur within 3 years of the date of the final assessment. The CPR component and Provide advanced resuscitation techniques, should be updated every twelve months from the date of assessment in order to maintain skills currency.

### Assessment

Assessment is through demonstration, presentation and application of all elements of competency in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

### RPL

If you believe you already possess some or all of the skills and knowledge of this course, you may wish to apply for Recognition of Prior Learning (RPL). Consult the SLSNSW RPL Guide for Applicants available on the Participant Resources page of the SLSNSW website.

### Course Enquiries

If you have a general enquiry please contact your **Academy Business Officer on 02 9471 8000**.

