

# WARRIEWOOD SLSC - JUNIOR CLUB

## THE NIPPER PROGRAM



Nippers is an activity-based program run to educate young children about surf safety and awareness when visiting a beach or aquatic environment. Participation in board paddling, body surfing, swimming, running, wading and other fun activities and games is also provided. For those Nippers interested, the program also introduces the competitive side of Surf Lifesaving. Children are able to compete in local, regional and state carnivals representing their Club.

### TYPICAL SUNDAY NIPPERS

8.00am	Beach set up (parent assistance is welcomed)
9.00am	Advance Board training (competitive Nippers to improve their skills in board paddling)
9.30am	Parent ocean swim & Junior March Past team training
9.45am	Nippers assemble behind the coloured banners in their age groups. All Nippers should be wearing sunscreen, their coloured Club cap and appropriate clothing for the weather conditions, ie rashie on a sunny day, and carrying a water bottle. Children must wear a high visibility coloured swim cap to participate – this is for safety so that all Nippers may be easily identified in the water and on the beach by Age Managers, Water Safety and the Surf Patrol.
10am	Nippers commences with announcements and an update on beach/water conditions. Age Managers may then mark the roll for both participating children and their supervising parent/carer. Please assist your child's Age Manager by staying with the group during Nippers, helping with flags, buckets, judging, etc.
11.30am	approx – depending on the age group, Nippers will finish with a final roll call and presentation of any weekly encouragement awards. All Nippers should then remove their coloured Club cap at the end of Nippers as they leave with their parent/carer.
Pack-up	All boards, beach and water equipment is to be packed up and returned to the Club's shed. Both Nippers and parents are to assist with packing up every week.
Lunch	Please assist with BBQ duties when your child's age group is rostered on.